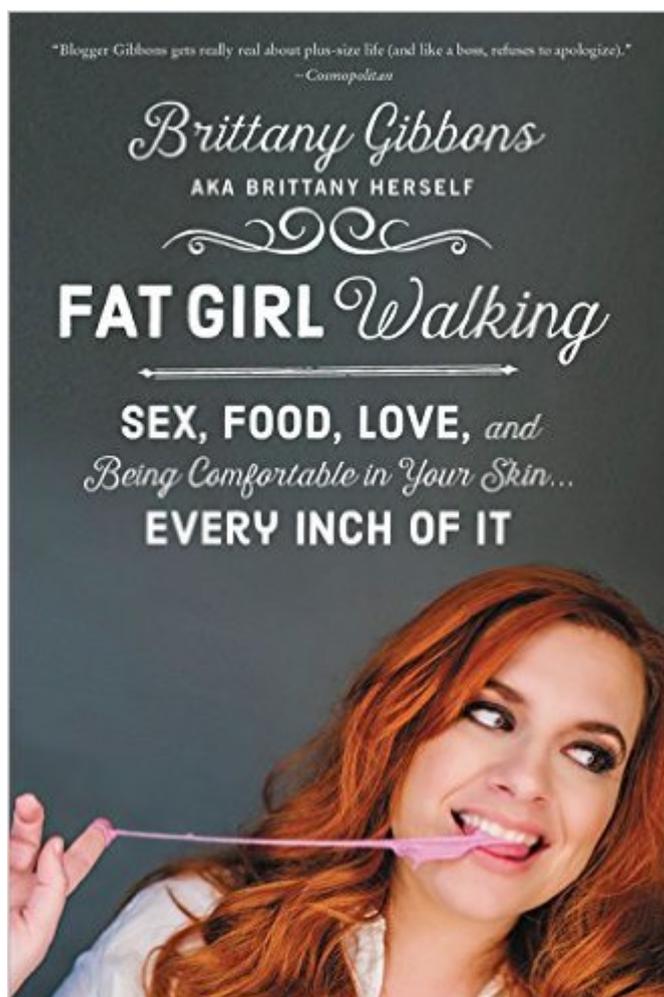


The book was found

Fat Girl Walking: Sex, Food, Love, And Being Comfortable In Your Skin—Every Inch Of It



Synopsis

Told through a series of larger-than-life snapshots, a hilarious memoir in essays about love, sex, marriage, motherhood, bikinis, and loving your body, no matter what size you are from the acclaimed blogger and body image advocate. Brittany Gibbons has been a plus size her whole life. But instead of hiding herself in the shadows of thinner women, Brittany became a wildly popular blogger and national spokesmodel—known for stripping on stage at TedX and standing in Times Square in a bikini on national television, and making skinny people everywhere uncomfortable. Talking honestly about size and body image on her popular blog, brittanyherself.com, she has ignited a national conversation. Now in her first book, she shares hilarious and painfully true stories about her life as a weird overweight girl growing up in rural Ohio, struggling with dating and relationships, giving the middle finger to dieting, finding love with a man smaller than her, accidentally having three kids, and figuring out the secret to loving her curves and becoming a nationally recognized body image advocate. And there's sex, lots of it! *Fat Girl Walking* isn't a diet book. It isn't one of those former fat people memoirs about how someone battled, and won, in the fight against fat. Brittany doesn't lose all the weight and reveal the happy, skinny girl that's been hiding inside her. Instead, she reminds us that being chubby doesn't mean you'll end up alone, unhappy, or the subject of a cable medical show. What's important is learning to love your shape. With her infectious humor and soul-baring honesty, *Fat Girl Walking* reveals a life full of the same heartbreak, joy, oddity, awkwardness, and wonder as anyone else's. Just with better snacks.

Book Information

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Customer Reviews

You're probably wondering why a man is reviewing a book that was so clearly written for women. For starters, you're not the boss of me. Secondly, body positivity is universal. If you've ever been given a sideways look while eating in public, had a complete stranger offer advice on how to "fix" you, or skipped a school function because you're afraid of how your size will deflect ridicule to your child; you're in this group, and this book is for you. Now that we've gotten that out of the way, here's why EVERYONE should read this book; men, women or otherwise. I flipped to the first page expecting all the things I have come to appreciate from reading Brittany's blog, following her social media posts, and meeting her in person: willful irreverence, period-specific pop culture references, and slightly cringe-worthy discussions of the hornet's nest that is the female existence (read: periods, boob sweat, and the like). And I got it. I got all the hilarious, foul-mouthed, sexy, movie reference-fueled perspectives and narratives that I was hoping for in a Brittany Gibbons book. As a fan, I'd have been satisfied with that. What I didn't expect was a series of life stories, experiences, and supremely human moments, all of them told with such a stark honesty that I found myself tearing up on a crowded airplane wondering what the hell was happening with this "comedy" book I was reading. Reading *Fat Girl Walking* as a man is like spying on all girls sleepover; not the adolescent fantasy replete with baby doll nighties and pillow fights, but the real, raw, unguarded emotion that only women communing with women feel comfortable sharing. This book will shock you.

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